	1937-1945 (and thence to 1974)	1974-2023	2023 onwards
Ambleside	Westmorland	Cumbria	Westmorland and Furness
Brampton	Cumberland	Cumbria	Cumberland
Carlisle	Cumberland	Cumbria	Cumberland
Wigton	Cumberland	Cumbria	Cumberland

Rob David's articles refer to "Cumbria" because they were written at the time that "Cumberland and Westmorland" and a bit of "Lancashire and Yorkshire" was known as "Cumbria".

From April 2023 "Cumbria" will cease to exist and be recreated as two unitary authorities.

It is unclear whether the name "Cumbria" will continue to exist for ceremonial purposes only (e.g. Lord Lieutenant).

The North West colonies on our BCA'37 UK web site may find themselves in the future in new authority areas. The above table should assist understanding the situation.